

# Hollow Ruthenium Nanoparticles with Enhanced Catalytic Activity for Colorimetric Detection of C-Reactive Protein

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Cite This: *ACS Appl. Nano Mater.* 2023, 6, 11435–11442

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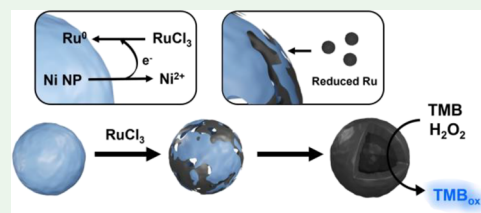
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Supporting Information

**ABSTRACT:** Hollow structures can improve the physical and chemical characteristics of nanoparticles. In the present work, we synthesized hollow ruthenium nanoparticles (HRNs) using a galvanic replacement reaction. Compared to normal nanoparticles, the hollow structures had greater surface area, leading to enhanced transport of reactants. Transmission electron microscopy images revealed the formation of distinct hollow structures with an average size of 30 nm. As a peroxidase mimic, the HRNs showed excellent catalytic activity for the oxidation of 3,3',5,5'-tetramethylbenzidine due to the increased surface area of the hollow structure. Moreover, the catalytic efficiency of the HRNs was greater than that of horseradish peroxidase, due to the presence of hollow structures. The HRNs were applied to the colorimetric detection of C-reactive protein (CRP) by enzyme-linked immunosorbent assay (ELISA). The results displayed great sensitivity for CRP levels of 0.12–7.8 ng/mL and a limit of detection of 33.2 pg/mL. In the recovery test, the assay showed accurate detection of CRP in spiked human serum with recovery values of 97.0–98.0%. The results of the present study reveal the validity and possibility of HRNs as alternatives to natural enzymes for application to conventional ELISA.

**KEYWORDS:** hollow nanoparticles, galvanic replacement, noble metal, nanozymes, peroxidase mimic



## INTRODUCTION

Nanozymes, which are artificial nanomaterials with enzyme-mimicking activities, have been studied for decades. As substitutes for natural enzymes, nanozymes possess several advantages including low cost, simple preparation, high stability, and remarkable catalytic activity.<sup>1</sup> After discovery of the enzyme-like activity of magnetite nanoparticles,<sup>2</sup> a variety of nanomaterials, including metal oxides,<sup>3,4</sup> metal organic frameworks,<sup>5</sup> noble metals,<sup>6–9</sup> and carbon-based nanomaterials,<sup>10</sup> have been developed as nanozymes. Of these nanozymes, noble metal-based nanomaterials have received significant attention due to their biocompatibility, high chemical stability, and suitability for surface modification.<sup>11,12</sup> To date, nanomaterials developed with several combinations of noble metals have shown excellent catalytic activity.<sup>13,14</sup> Even though noble metal-based nanomaterials have displayed great activity, it is challenging to control their surface properties, size, and morphology for enhanced catalytic activity.<sup>15–17</sup>

In recent years, the development of hollow structures has been studied as a strategy to control the morphology and surface properties of nanomaterials. The hollow structures, which consist of distinct shell layers and an inner cavity, offer several advantages, such as increased surface to volume ratio, facile transport of reactants, and high stability.<sup>18,19</sup> Furthermore, the high surface area of the hollow structure allows abundant exposure of active sites, resulting in enhanced chemical properties.<sup>20</sup> Hollow nanomaterials usually are synthesized by chemical etching,<sup>21,22</sup> degradation of a bio-

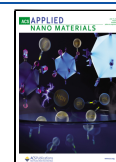
organic molecule template,<sup>23,24</sup> or a galvanic replacement reaction (GRR).<sup>25,26</sup> Of these methods, GRR is most commonly used to fabricate hollow nanomaterials due to its numerous advantages including simplicity, high tunability, and short reaction time.<sup>27,28</sup> In a GRR, the metal precursor, which has a high reduction potential, is reduced by sacrificing a template with a low reduction potential. Recently, a variety of hollow noble metal nanomaterials have been synthesized using a GRR. These nanomaterials displayed enhanced catalytic activity in several applications, such as oxygen reduction reactions,<sup>29</sup> antioxidant screening,<sup>30</sup> and biomarker detection.<sup>31</sup> However, there have been few reports of the application of hollow nanomaterials as enzyme-mimetic nanozymes.

Herein, we fabricated hollow ruthenium nanoparticles (HRNs) using a simple GRR method in which nickel nanoparticles were used as a sacrificial template. As far as we know, there have been no reports of the generation of HRNs by a GRR. The HRNs displayed excellent peroxidase-mimetic activity which catalyzed the reaction of 3,3',5,5'-tetramethylbenzidine (TMB) with hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>). Furthermore, the catalytic efficiency of the HRNs toward TMB and

Received: April 4, 2023

Accepted: June 23, 2023

Published: July 5, 2023



H<sub>2</sub>O<sub>2</sub> was greater than that of horseradish peroxidase (HRP). The impressive catalytic activity of the HRNs was attributed to the hollow structure, which resulted in increased surface area and active sites. The HRNs were used as a detection probe in conventional enzyme-linked immunosorbent assay (ELISA) for C-reactive protein (CRP), which is a key indicator of cardiovascular disease and inflammation. HRN-based ELISA showed great linearity for CRP. These results demonstrate the potential applicability of HRNs as alternatives to natural enzymes in the field of biosensing.

## EXPERIMENTAL SECTION

**Materials.** Nickel chloride hydrate (NiCl<sub>2</sub>·xH<sub>2</sub>O), ruthenium chloride hydrate (RuCl<sub>3</sub>·xH<sub>2</sub>O), citric acid, terephthalic acid (TA), *N*-(3-dimethylaminopropyl)-*N*'-ethylcarbodiimide hydrochloride (EDC), *N*-hydroxysulfosuccinimide (Sulfo-NHS), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), TMB, Nafion solution, bovine serum albumin (BSA), glucose (Glu), creatinine (CT), urea, ascorbic acid (AA), uric acid (UA), cholesterol (Cho),  $\gamma$ -globulin (Glb), HRP, human serum albumin (HSA), superoxide dismutase (SOD), ethylenediaminetetraacetic acid (EDTA), and dimethyl sulfoxide (DMSO) were obtained from Sigma-Aldrich (St. Louis, MO, USA). Sulfuric acid (H<sub>2</sub>SO<sub>4</sub>, 98%) was obtained from Daejung Co., Ltd. (Siheung, South Korea). 2 M Phosphate-buffered saline (PBS, pH 7.4) was supplied from Biosesang Co., Ltd. (Seongnam, South Korea). Sodium borohydride (NaBH<sub>4</sub>) was obtained from Alfa Aesar (Ward Hill, MA, USA). Acetic acid (HAc) was purchased from Junsei Chemical Co., Ltd. (Tokyo, Japan). Indium tin oxide (ITO) glass was obtained from Samsung Corning Advanced Glass (Asan, South Korea). Mouse anti-CRP monoclonal capture and detection antibodies (cAb-CRP and dAb-CRP, respectively) were supplied by Fitzgerald Industries International (Acton, MA, USA). HRP-conjugated anti-CRP antibody was purchased from Abcam Inc. (Cambridge, U.K.).

**Synthesis of HRNs.** The HRNs were prepared by a simple one-pot chemical synthesis. First, 0.15 mmol of NiCl<sub>2</sub> and 0.05 mmol of citric acid were added to 100 mL of deionized water and sonicated. Then, 0.5 mL of NaBH<sub>4</sub> (1 M) was added. The solution color changed from transparent to dark brown, indicating the production of Ni nanoparticles (Ni NPs). After 15 min of incubation, 1 mL of RuCl<sub>3</sub> solution (40 mM) containing 0.05 mmol of citric acid was added via 20 additions of 50  $\mu$ L at 30 s intervals. At this point, a GRR occurred in which the Ru salt consumed the Ni NPs due to the differences of reduction potential of Ru and Ni. After incubation for 3 h, the solution was washed through centrifugation (15,000 rpm, 20 min) three times with deionized water. The obtained HRNs were redispersed in 20 mL of deionized water and stored at 4 °C until use.

**Enzyme-Mimicking Activity.** To evaluate the enzyme-mimetic activity of the HRNs, the absorbance of TMB was monitored in the presence and absence of H<sub>2</sub>O<sub>2</sub>. Then, TMB and H<sub>2</sub>O<sub>2</sub> were added to 0.17  $\mu$ g/mL of HRNs dissolved in 0.1 M HAc–NaAc buffer (pH 5.5), and the absorbance spectrum of the solution was recorded. In addition, the time-dependent absorbance was measured to calculate the Michaelis constant ( $K_m$ ), maximum reaction rate ( $V_{max}$ ), and turnover number ( $K_{cat}$ ). The  $K_m$  and  $V_{max}$  were obtained using the Michaelis–Menten and double reciprocal equations. The equations are described in the [Supplementary Information](#).

**Catalytic Mechanism of the HRNs.** The generation of free radicals from H<sub>2</sub>O<sub>2</sub> by HRNs was investigated. First, the generation of hydroxyl radical ( $\bullet$ OH) was evaluated using TA. Briefly, 0.4 mM TA, 20 mM H<sub>2</sub>O<sub>2</sub>, and 3.5  $\mu$ g/mL HRNs were mixed. After 1 h incubation, the fluorescence of TA was measured. In addition, DMSO was employed as a scavenger of  $\bullet$ OH. To further investigate the generation of other free radicals, the absorbance of oxidized TMB (TMB<sub>ox</sub>) was observed in the presence of scavengers. For the reaction, a solution containing 0.6 mM TMB, 20 mM H<sub>2</sub>O<sub>2</sub>, and 0.6  $\mu$ g/mL HRNs was mixed with free radical scavengers (DMSO, SOD, and EDTA). After 1 min incubation, the absorbance was measured.

Cyclic voltammetry (CV) and chronoamperometry (CA) were conducted to investigate the accelerated electron transfer between substrates by HRN. As a working electrode, the ITO glass was modified with Nafion and HRN. Briefly, a casting mixture containing 50  $\mu$ g/mL HRN and 0.5% Nafion was prepared. Then, 15  $\mu$ L of the mixture was drop-casted on the ITO glass and dried. Finally, the modified electrode (Nafion/HRN/ITO) was washed with water and dried. Ag/AgCl (saturated in 3 M NaCl) and platinum wire were used as reference and counter electrodes, respectively. In the CV experiment, all the electrodes were immersed in 5 mL of 10 mM PBS. Then, the current was monitored at a potential range of  $-1.0$  to 0 V. In the CA, the current response was measured by adding 50  $\mu$ L of 1 M H<sub>2</sub>O<sub>2</sub> to the 5 mL PBS solution every 50 s.

**Conjugation of dAb-CRP onto the HRNs.** To prepare the dAb-CRP conjugated HRNs (dAb-HRNs), 1 mL of a 65  $\mu$ g/mL solution of HRNs was mixed with 5  $\mu$ L of 25 mM EDC and 5  $\mu$ L of 25 mM Sulfo-NHS. After 1 h of incubation, the solution was washed twice with water and resuspended in 1 mL of water. Then, 10  $\mu$ L of 1 mg/mL dAb-CRP was added. The solution was incubated for 4 h at 4 °C after which 110  $\mu$ L of 3% BSA was added. After 1 h of incubation at room temperature, the dAb-HRNs were washed twice with water. Then, the dAb-HRNs were resuspended in 0.5 mL of 10 mM PBS containing 0.3% BSA at 4 °C for later use.

**CRP Detection by ELISA.** The CRP concentration was analyzed by sandwich ELISA in a microplate. First, the microplates were treated with 100  $\mu$ L of cAb-CRP (5  $\mu$ g/mL) and incubated at 4 °C, overnight. After washing the microplate with 10 mM PBS containing 0.05% Tween 20 (PBST), 200  $\mu$ L of 2% BSA was added and incubated for 3 h at room temperature. The microplate was washed three times using PBST and stored in a refrigerator. In the sandwich ELISA, 100  $\mu$ L of CRP (0–7.8 ng/mL) was added to a cAb-CRP-treated microplate. The microplate was sealed and incubated for 2 h at 37 °C. The microplate was washed with PBST three times, and 100  $\mu$ L of dAb-HRN (1.3  $\mu$ g/mL) was added. The microplate was incubated for 1 h at 37 °C and washed with PBST five times. Next, 100  $\mu$ L of a substrate solution of 0.6 mM TMB and 50 mM H<sub>2</sub>O<sub>2</sub> in 0.1 M HAc–NaAc buffer (pH 5.5) was added. The solution was incubated for 5 min at room temperature. Finally, 50  $\mu$ L of stop solution (0.5 M H<sub>2</sub>SO<sub>4</sub>) was added. At this point, the color of the TMB changed from blue to yellow, indicating that the reaction was complete. Finally, the absorbance was measured at a wavelength of 450 nm.

For HRP-based ELISA, the procedures for the incubation of CRP and HRP anti-CRP antibody (0.5  $\mu$ g/mL) were the same as in HRN-based ELISA. In the final step, 100  $\mu$ L of 0.1 M HAc–NaAc buffer (pH 5.5) including 0.5 mM TMB and 5 mM H<sub>2</sub>O<sub>2</sub> was added and incubated for 20 min. After incubation, 50  $\mu$ L of H<sub>2</sub>SO<sub>4</sub> was added, and the absorbance was measured.

**Characterization.** The morphology of the HRNs was confirmed by transmission electron microscopy (TEM, JEOL JEM-2010, USA). The crystalline structure was investigated by X-ray diffractometry (XRD, D/MAX-2500, Rigaku, USA). The elemental composition of the HRNs was evaluated by X-ray photoelectron spectroscopy (XPS, K-ALPHA, Thermo Fisher Scientific Inc., U.K.). The absorbance spectra were measured with a UV–visible spectrometer (OPTIZEN 2120UV, Mecasys Co. Ltd., South Korea). The absorbance of the reaction on the microplate was recorded with a multimode microplate reader (BioTek instrument Inc., USA).

## RESULTS AND DISCUSSION

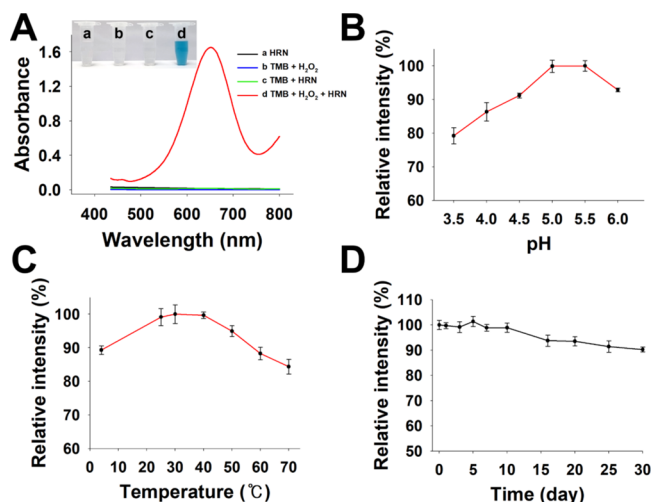
**Characterization of HRNs.** The HRNs used in the present study were fabricated by a GRR-based synthesis ([Figure 1](#)). NiCl<sub>2</sub> was reduced by the addition of NaBH<sub>4</sub>, resulting in Ni NPs. Then, the addition of RuCl<sub>3</sub> caused a GRR with the Ni NPs due to the difference of reduction potential between Ru and Ni. The Ru ion, which has a higher reduction potential (+0.60 V) than Ni (–0.24 V),<sup>32</sup> was reduced to metallic Ru nanoparticles and covered the surface of the Ni NPs. At this





Figure 3B shows the HR-XPS spectrum of C 1s. The deconvoluted C 1s spectrum showed three distinct peaks at 288.1, 286.5, and 284.7 eV, corresponding to COOH, C=O, and C–C, respectively. This observation revealed the presence of citric acid on the surface of the HRNs. Among these functional ligands, the –COOH group is activated by EDC/NHS for antibody conjugation. The spectrum also contained another peak at 285.4 eV, which corresponded to Ru 3d<sub>3/2</sub>. The deconvoluted spectrum for Ni 2p displayed two peaks at 871.3 (Ni 2p<sub>1/2</sub>) and 853.5 eV (Ni 2p<sub>3/2</sub>), corresponding to metallic Ni (Ni<sup>0</sup>) (Figure 3C). The additional two peaks at 878.0 and 858.7 eV were satellite peaks.<sup>33</sup> In addition to these, another peak was observed at ~851.0 eV, indicative of the NiO species. Figure 3D shows the deconvolution of the Ru 3p spectrum. The spectrum showed two doublet peaks at 484.8 (Ru 3p<sub>1/2</sub>) and 462.2 eV (Ru 3p<sub>3/2</sub>), which indicated metallic Ru (Ru<sup>0</sup>). Another two peaks at ~487.8 and 463.9 eV revealed Ru<sup>4+</sup>, produced by the inevitable exposure of the sample to air. The elemental ratio (at%) of Ru/Ni in the HRNs was 84:16, which further supported the ICP-AES and EDX results.

**Enzyme-like Activity of the HRNs.** Figure 4A displays the UV–vis absorbance of TMB with different compositions.

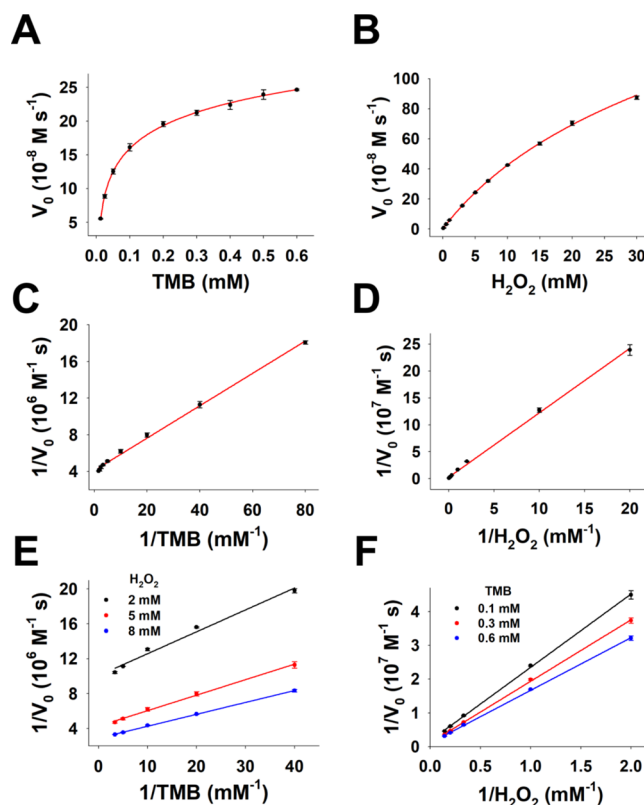


**Figure 4.** (A) UV–vis spectra of TMB with different compositions. Inset indicates the corresponding optical image. Effects of (B) pH and (C) temperature on peroxidase-like activity of the HRNs. (D) Long-term storage stability of the HRNs for 1 month.

In the presence of H<sub>2</sub>O<sub>2</sub>, the TMB was quickly oxidized to a blue-colored product, TMB<sub>ox</sub>, which demonstrated the great peroxidase-like activity of the HRNs. In the absence of H<sub>2</sub>O<sub>2</sub>, the absorbance of TMB<sub>ox</sub> was negligible, indicating very weak oxidase-like activity. Furthermore, the peroxidase-like activity of the HRN was compared with Ni NPs and Ru NPs (Figure S3). The catalytic activity of the HRN was significantly greater than that of Ni NPs and Ru NPs, indicating the enhanced chemical properties of HRN due to the presence of a hollow structure. Then, the effects of pH and temperature on the enzyme-like activity of the HRNs were evaluated. As shown in Figure 4B, the maximum activity of the HRNs was observed at pH 5.5. The decrease in catalytic activity at higher pH was due to the instability of H<sub>2</sub>O<sub>2</sub> and weak solubility of TMB.<sup>12</sup> Furthermore, the variations of hydration shell formation on the surface of the HRNs resulted in an activity decrease under acidic conditions.<sup>34,35</sup> In terms of temperature, the maximum

activity of the HRNs was observed from 25 to 40 °C. Above 40 °C, the activity gradually decreased due to the decomposition of H<sub>2</sub>O<sub>2</sub>. The long-term stability of the HRNs demonstrated approximately 90% of their catalytic activity for one month, suggesting good stability (Figure 4D). From these results, further experiments were conducted at a pH of 5.5 and room temperature.

**Kinetic Assay of HRNs.** The catalytic efficiency of the HRNs was evaluated by calculating the kinetic parameters toward TMB and H<sub>2</sub>O<sub>2</sub>. First, the initial velocity ( $V_0$ ) against the substrate concentrations ( $[S]$ ) was plotted, showing typical Michaelis–Menten curves (Figure 5A,B). The  $V_0$  was



**Figure 5.** Kinetic assays of the HRNs. (A,B) Michaelis–Menten and (C,D) Lineweaver–Burk plots for TMB and H<sub>2</sub>O<sub>2</sub>. Concentrations of HRNs, TMB, and H<sub>2</sub>O<sub>2</sub> were fixed at 2.45 pM, 0.60 mM, and 5.0 mM, respectively. (E,F) Lineweaver–Burk plots for different substrate concentrations.

calculated from  $S/\varepsilon$ , where  $S$  represents the initial slope value in a time-dependent absorbance curve and  $\varepsilon$  refers to the molar extinction coefficient of TMB at 652 nm wavelength ( $39,000 \text{ M}^{-1} \text{ cm}^{-1}$ ). Subsequently, the Lineweaver–Burk plots were obtained by taking reciprocal of Michaelis–Menten curves (Figure 5C,D). The  $K_m$ ,  $V_{max}$ , and  $K_{cat}$  were obtained using Lineweaver–Burk plots and the corresponding equations.  $K_m$  describes the affinity of an enzyme toward a substrate: the lower the  $K_m$ , the higher the affinity of the enzyme.  $K_{cat}$  represents the number of substrates transformed per unit time by a single enzyme. Thus, a higher  $K_{cat}$  value indicates a higher catalytic efficacy. Table 1 shows the kinetic parameters of the HRNs, other ruthenium-based catalysts, and HRP. The  $K_m$  value of the HRNs toward TMB (0.043 mM) was extremely small compared to those of other ruthenium catalysts and HRP, indicating a higher affinity to TMB. With

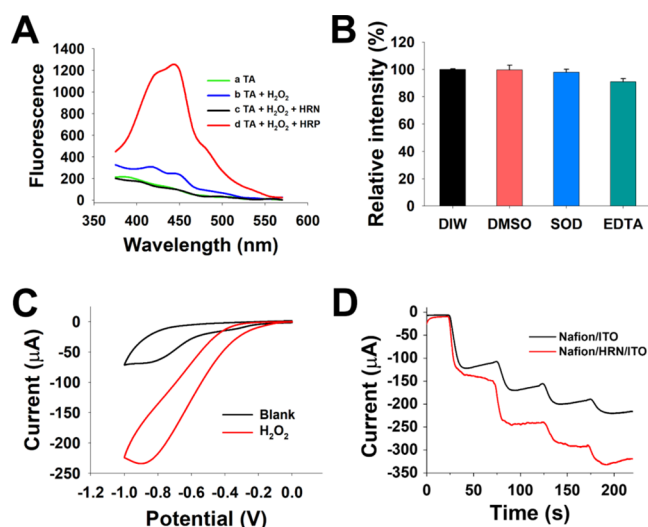
Table 1. Comparison of the Kinetic Parameters of the HRNs and Various Catalysts

catalyst	substrate	$K_m$ (mM)	$V_{max} \times 10^{-8}$ ( $M s^{-1}$ )	$k_{cat}$ ( $s^{-1}$ )	ref
HRP	TMB	0.434	10.00	$4.00 \times 10^3$	2
	$H_2O_2$	3.70	8.71	$3.48 \times 10^3$	
Ru frames	TMB	0.0603	13.4	$1.26 \times 10^4$	42
	$H_2O_2$	318	7.41	$6.98 \times 10^3$	
a-RuTe <sub>2</sub>	TMB	0.419	39.1	$1.12 \times 10^1$	43
	$H_2O_2$	18.4	83.9	$2.40 \times 10^1$	
A-Ru	TMB	0.495	17.7		44
	$H_2O_2$	20.8	22.1		
HRN	TMB	0.043	24.3	$1.00 \times 10^5$	this work
	$H_2O_2$	4.43	37.0	$1.51 \times 10^5$	

$H_2O_2$ , the HRNs had a  $K_m$  value of 4.43 mM, which was higher than that of HRP, indicating a lower affinity to  $H_2O_2$  than HRP. However, the HRNs had a higher  $V_{max}$  ( $37.0 \times 10^{-8} M s^{-1}$ ) value than HRP ( $8.71 \times 10^{-8} M s^{-1}$ ), which indicated the ability of the HRNs to catalyze  $H_2O_2$  more quickly. Moreover, the  $K_{cat}$  values of the HRNs toward TMB and  $H_2O_2$  were much higher than those of HRP and other ruthenium catalysts, showing the higher catalytic efficacy of the HRNs. Figure 5E,F displays several Lineweaver–Burk plots at different concentrations of substrates. Each graph shows three lines intersecting at a point. These nonparallel lines indicate that the HRNs followed a sequential kinetic mechanism in which two substrates bind to the enzyme and form a ternary complex prior to release of the products.<sup>36</sup>

**Catalytic Mechanism of the HRNs.** Many previous reports have analyzed the catalytic mechanism of peroxidase-like nanozymes. The described mechanisms were based on generation of free radicals (e.g.,  $\bullet OH$ ,  $O_2^-$ ,  $h^+$ ) or acceleration of electron transfer of substrates.<sup>37–39</sup> In general, the catalytic mechanism of peroxidase-like nanozymes was based on decomposition of  $H_2O_2$  to the hydroxyl radical ( $\bullet OH$ ). To investigate this assumption, the generation of  $\bullet OH$  was evaluated using TA, which easily reacts with  $\bullet OH$  to produce a fluorescent product. As shown in Figure 6A, the presence of HRNs in the solution containing TA and  $H_2O_2$  decreased the fluorescence of TA, suggesting that the HRNs reduced the production of  $\bullet OH$ . In contrast, the strong fluorescence of TA was observed in the solution containing  $H_2O_2$  and HRP, because the  $H_2O_2$  was decomposed to  $\bullet OH$  by HRP.<sup>40</sup> Consequently, the peroxidase-like activity of the HRNs was not based on generation of  $\bullet OH$ .

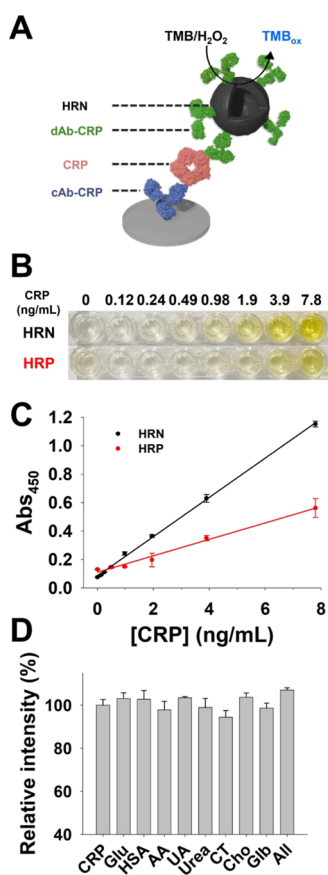
In the next experiment, the catalytic mechanism of the HRNs was further investigated by monitoring the absorbance of TMB<sub>ox</sub> in the presence of free radical scavengers (Figure 6B). In the reaction, DMSO, SOD, and EDTA were used as the scavengers for  $\bullet OH$ ,  $O_2^-$ , and  $h^+$ , respectively. The presence of scavengers showed negligible quenching effects for TMB oxidation, suggesting that the peroxidase-like activity of the HRNs does not originate from the generation of free radicals. Therefore, it is expected that the catalytic mechanism of the HRNs originated from the acceleration of electron transfer rather than free radical production. Previously, it was determined that the catalytic mechanism of Ru nanoparticles was based on facilitation of electron transfer between substrates and  $H_2O_2$ .<sup>41</sup> Thus, it was likely that TMB and  $H_2O_2$  were adsorbed onto the HRNs, and TMB donated its lone-pair electrons to the HRNs. Then, the electrons were transferred from HRNs to  $H_2O_2$ , facilitating the oxidation of TMB.



**Figure 6.** (A) Fluorescence spectra of TA with different compositions. (B) Effects of the radical scavengers toward the peroxidase-like activity of the HRNs. (C) CV of the Nafion/HRN/ITO electrode in the absence and presence of  $H_2O_2$ . Scan rate = 50 mV/s. (D) Amperometric responses of electrodes for the continuous addition of 1 M  $H_2O_2$ . Potential was fixed at  $-0.85$  V.

To investigate the accelerated electron transfer, the electrochemical experiment for  $H_2O_2$  redox reaction was performed. For analysis, ITO glass modified with Nafion and HRN (Nafion/HRN/ITO) was used as a working electrode. The CV showed obvious reduction response at around  $-0.85$  V in the presence of  $H_2O_2$  (Figure 6C). Based on this result, CA was conducted at a fixed potential of  $-0.85$  V. As shown in Figure 6D, the current response of the Nafion/HRN/ITO electrode to the continuous addition of  $H_2O_2$  was higher than that of the Nafion/ITO electrode. This result revealed that electron transfer between the electrode (electron donor) and  $H_2O_2$  (electron acceptor) was facilitated by HRN.

**Detection of CRP Using ELISA.** The HRNs were applied to a conventional sandwich ELISA to detect CRP (Figure 7A). For the sandwich ELISA, the microplate was immobilized with cAb-CRP. Then, CRP was added to the microplate followed by the addition of dAb-HRNs. As the sandwich immunoreaction proceeded, each well had different concentrations of dAb-HRNs. The substrate solution (TMB and  $H_2O_2$ ) was added and incubated. Finally,  $H_2SO_4$  was added to quench the catalytic reaction, generating a yellow color (Figure 7B). The absorbance of the quenched reaction was measured at 450 nm. The HRN-based ELISA showed a linear relationship for CRP concentrations of 0.12–7.8 ng/mL (Figure 7C). In addition,



**Figure 7.** (A) Schematic illustration of HRN-based ELISA. (B) Photographs of HRN- and HRP-based ELISA. (C) Calibration curves. (D) Interference test for CRP detection using HRN-based ELISA. CRP level was fixed at 7.8 ng/mL. Concentration of interfering substances: HSA (50 mg/mL), glucose (1 mg/mL), AA (6  $\mu$ g/mL), urea (200  $\mu$ g/mL), UA (80  $\mu$ g/mL), CT (12  $\mu$ g/mL), Cho (5 mM), and Glb (20 mg/mL).

the limit of detection (LOD) of 33.2 pg/mL was obtained by using the standard formula of  $3\sigma/s$ , where  $\sigma$  represents the standard deviation of the blank samples, and  $s$  is the slope of the calibration curve. In contrast, conventional ELISA using HRP had a linear detection range of 0.49–7.8 ng/mL and the LOD of 0.27 ng/mL. Compared to HRP-based ELISA, the HRN-based ELISA showed better sensitivity in terms of detection range and LOD. This high sensitivity of HRN-based ELISA was attributed to the presence of hollow structure in nanoparticles, which increases the surface area and catalytic efficiency.

Moreover, the effects of interference on the HRN-based ELISA were investigated. The interfering factors were 1 mg/mL of Glu, 50 mg/mL of HSA, 6  $\mu$ g/mL of AA, 80  $\mu$ g/mL of UA, 200  $\mu$ g/mL of urea, 12  $\mu$ g/mL of CT, 5 mM of Cho, and 20 mg/mL of Glb. The concentration of interfering factors was determined based on normal levels in human serum. The absorbance signal of CRP concentration (7.8 ng/mL) in the presence of each interfering substance was measured using HRN-based ELISA. As shown in Figure 7D, the presence of interference had a negligible difference less than 10% compared to a standard solution that contained only CRP samples. This result revealed the high specificity of the HRN-based ELISA for the detection of CRP.

**Recovery Test.** To evaluate the validity of the HRN-based ELISA in real sample analysis, CRP samples (3 and 5 ng/mL) were spiked in human serum. Table 2 indicates the recovery of

**Table 2. Determination of CRP in Human Serum Samples with HRN-Based ELISA**

sample	added (ng/mL)	detected (ng/mL)	recovery (%)	RSD (%)
1	3.00	2.91	97.0	2.94
2	5.00	4.92	98.4	2.28

the CRP obtained by HRN-based ELISA. The recovery values of 3 and 5 ng/mL CRP in human serum were 97.0 and 98.4% with standard deviations of 2.94 and 2.28%, respectively. These results demonstrate that HRN-based ELISA can be utilized for the accurate determination of CRP in real samples.

## CONCLUSIONS

In the present study, HRNs were synthesized by a simple GRR. The hollow structure was generated using Ni NPs as a sacrificial template. The presence of the hollow structure increased the surface to volume ratio and facilitated a transfer of reactants. The HRNs presented in this work showed excellent peroxidase-like activity. The HRNs revealed comparable or superior catalytic efficiency to other ruthenium-based catalysts and HRP. Moreover, the HRNs followed a sequential kinetic mechanism. Further systematic studies revealed that the catalytic mechanism of the HRNs was based on enhanced electron transfer between the HRNs and substrates. The HRNs were applied to a conventional sandwich ELISA to detect the CRP. The HRN-based ELISA showed highly sensitive detection of CRP with good linearity from 0.12 to 7.8 ng/mL and the LOD of 33 pg/mL, which was more sensitive than HRP-based ELISA. In a recovery test, the HRN-based ELISA accurately detected CRP from spiked human serum, suggesting that the HRNs could be used as a probe to detect CRP in real samples. Based on these results, we believe that HRNs have numerous advantages, including facile preparation, low cost, and excellent catalytic efficiency, and can replace natural enzymes in a variety of fields.

## ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsnm.3c01414>.

Michaelis–Menten equation; Lineweaver–Burk equation; turnover number; TEM images of the HRNs; XRD result of the HRNs; peroxidase-like activity of Ni NPs, Ru NPs, and HRNs (PDF)

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## Notes

The authors declare no competing financial interest.

## ACKNOWLEDGMENTS

This research was supported by the Basic Science Research Program through the National Research Foundation (NRF) of South Korea (2018R1A6A1A03024231 and 2021R1A2C1003566).

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