

Predicting treatable traits for long-acting bronchodilators in patients with stable COPD

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Purpose: There is currently no measure to predict a treatability of long-acting β -2 agonist (LABA) or long-acting muscarinic antagonist (LAMA) in patients with chronic obstructive pulmonary disease (COPD). We aimed to build prediction models for the treatment response to these bronchodilators, in order to determine the most responsive medication for patients with COPD.

Methods: We performed a prospective open-label crossover study, in which each long-acting bronchodilator was given in a random order to 65 patients with stable COPD for 4 weeks, with a 4-week washout period in between. We analyzed 14 baseline clinical traits, expression profiles of 31,426 gene transcripts, and damaged-gene scores of 6,464 genes acquired from leukocytes. The gene expression profiles were measured by RNA microarray and the damaged-gene scores were obtained after DNA exome sequencing. Linear regression analyses were performed to build prediction models after using factor and correlation analyses.

Results: Using a prediction model for a LABA, traits found associated with the treatment response were post-bronchodilator forced expiratory volume in 1 second, bronchodilator reversibility (BDR) to salbutamol, expression of three genes (*CLN8*, *PCSK5*, and *SKP2*), and damage scores of four genes (*EPG5*, *FBNP4*, *SCN10A*, and *SPTBN5*) ($R^2=0.512$, $p<0.001$). Traits associated with the treatment response to a LAMA were COPD assessment test score, BDR, expression of four genes (*C1orf115*, *KIAA1618*, *PRKX*, and *RHOQ*) and damage scores of three genes (*FBN3*, *FDFT1*, and *ZBED6*) ($R^2=0.575$, $p<0.001$). The prediction models consisting only of clinical traits appeared too weak to predict the treatment response, with $R^2=0.231$ for the LABA model and $R^2=0.121$ for the LAMA model.

Conclusion: Adding the expressions of genes and damaged-gene scores to the clinical traits may improve the predictability of treatment response to long-acting bronchodilators.

Keywords: chronic obstructive lung disease, inhalers, long-acting β -2 agonist, long-acting muscarinic antagonist

Introduction

Chronic obstructive pulmonary disease (COPD) is a leading cause of morbidity and mortality worldwide and results in a substantial socioeconomic burden.¹ The treatment regimen for a given patient is determined based on the patient's symptoms and history of exacerbations,² and long-acting inhaled bronchodilators are the most essential pharmacologic agents. The Global Initiative for Chronic Obstructive Lung Disease (GOLD) guidelines recommend the regular use of a long-acting bronchodilator, either a long-acting β -2 agonist (LABA) or a long-acting muscarinic antagonist (LAMA) for group B COPD patients, that is, symptomatic patients without frequent exacerbations, but there is no clear evidence to recommend one class of long-acting bronchodilators over another.²

The therapeutic efficacy of long-acting bronchodilators in the treatment of stable COPD has been well established.³ They increase forced expiratory volume in 1 second (FEV₁) values and improve patient-reported outcomes, such as dyspnea, health-related quality of life, and exercise tolerance in COPD patients.⁴⁻⁹ They also reduce the risks of exacerbations and hospitalizations, compared with placebo.^{10,11} However, evidence has shown clearly that not all patients respond equally to both.^{12,13} A considerable number of patients show no response to bronchodilator treatment, and experience adverse effects, such as palpitations and dry mouth, leading to decreased adherence to treatment; thus, identifying potential responders and nonresponders before a bronchodilator treatment is initiated is important.

Previous studies have reported several traits to be related to the variability in response to short-acting β -2 agonists, including age,¹⁴ smoking,¹⁵ and baseline lung function.¹⁶ These findings suggest that individual clinical characteristics are possibly related to the variable responses to bronchodilator treatment. However, contrary to short-acting β -2 agonist treatment, for long-acting bronchodilator treatment, no specific clinical characteristics have been found to be significant predictors of response. Previous reports on the genetic variation between β -2 receptors and muscarinic receptors have suggested that targeted treatment would be beneficial in improving the therapeutic effect,¹⁷⁻¹⁹ but single-gene polymorphism was not enough to explain the variation in treatment response in COPD patients.²⁰

If we could predict the treatment response to a particular class of bronchodilator based on patient traits before treatment, we would be better positioned to choose the most responsive medication for individual patients. More importantly, knowing traits associated with treatment response to a LABA or LAMA may expand our understanding of the

pathophysiology of COPD and help to identify potential treatment targets. With the idea that genetic traits have a role in treatment response, we aimed to build a prediction model for long-acting bronchodilator treatment response, using patient clinical characteristics, and genetic traits, including gene expression and damaged-gene scores.

Methods

Study design

This was a multicenter, prospective, open-label crossover study aimed at building a prediction model for long-acting bronchodilator treatment response in patients with COPD. Enrolled patients were instructed to discontinue all long-acting bronchodilators for at least 4 weeks, if they were using any. To build the prediction model, the following baseline traits were recorded for each patient: age, body mass index, smoking history, modified Medical Research Council (mMRC) dyspnea scale score, visual analog scale of cough and sputum score, the Korean version of the COPD assessment test (CAT) score, and pre- and post-bronchodilator spirometry (200 μ g of salbutamol was administered with a spacer 15 minutes before spirometry testing), diffusing capacity, and lung volume measurements. In addition, blood samples for the expression profiles and damaged-gene scores were obtained from each patient.

Patients were randomly assigned to either a β -2 agonist (150 μ g of indacaterol single-dose dry powder inhaler [Onbrez Breezhaler; Novartis, Basel, Switzerland]) or a muscarinic antagonist (18 μ g of tiotropium [Spiriva Handihaler; Boehringer Ingelheim, Ingelheim, Germany]) for the first 4 weeks. Then, after a 4-week washout period in between, the other medication was administered for the final 4 weeks (Figure 1). Each medication was administered once daily by inhalation in the morning. All patients were given instructions

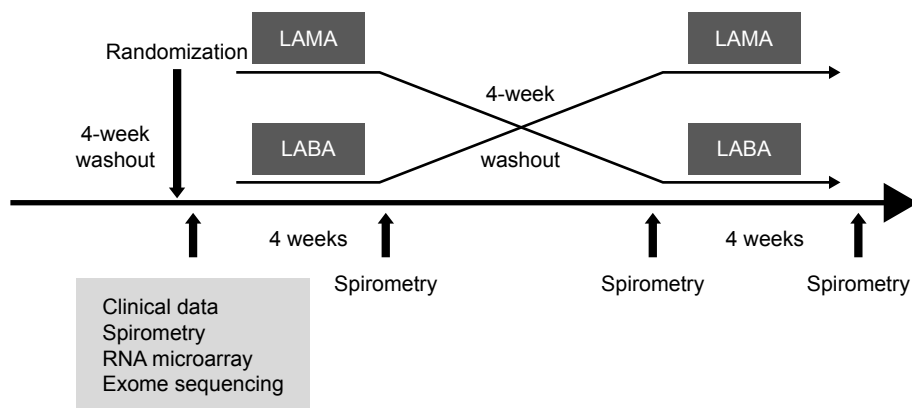


Figure 1 Study design.

Abbreviations: LABA, long-acting β -2 agonist; LAMA, long-acting muscarinic antagonist.

on inhaler device use prior to treatment. They were asked to visit the clinic at weeks 4, 8, and 12 for spirometry testing, and to report respiratory symptoms, concomitant medications, and adverse events if they experienced any. Compliance with inhaler treatment was determined by patient self-report. We categorized the level of compliance into four categories: good compliance =75%–100% of the prescribed inhaler medication was reported used; borderline compliance =50%–75% reported used; poor compliance =25%–50% reported used; and minimal compliance =0%–25%.

If a patient experienced an acute COPD exacerbation that required a medication modification during the study period, the patient was removed from the study. All respiratory medications were permitted except for other inhaled long-acting bronchodilators, corticosteroids, and macrolide antibiotics. Salbutamol was allowed as a symptom reliever. The objective of the study was to build prediction models for the treatment response to a LABA and LAMA. A significant treatment response was defined as an increase of 100 mL in FEV₁.²¹

Patients

Patients were recruited at five institutions in South Korea. Criteria for inclusion were an age of 45 years or more, a smoking history of at least 10 pack-years, experience of exertional dyspnea for more than a year, and a diagnosis of moderate COPD according to the GOLD criteria (post-bronchodilator FEV₁ between 50% and 80% of predicted, in the presence of post-bronchodilator FEV₁/forced vital capacity ratio of <0.70).

Exclusion criteria were a COPD exacerbation or respiratory infection in the 4 weeks before screening, a history of asthma, and the presence of bronchiectasis or sequelae of tuberculosis. The study protocol was approved by the Asan Medical Center Institutional Review Board (IRB No 2014-0298). The study was registered with the Clinical Research Information Service (CRIS) before patient enrollment began; CRIS is a not-for-profit online registration system for clinical researchers established by the Korean Centers for Disease Control and Prevention (registration No KCT0001092). CRIS is part of the World Health Organization International Clinical Trials Registry Platform. All patients gave written informed consent.

RNA microarray analysis for gene expression

RNA microarray analysis was performed for 31,426 gene transcripts by a specialized company, MacroGen (Seoul,

South Korea). The method for RNA preparation and processing is illustrated in the [Supplementary material](#). All data analyses and visualization of differentially expressed genes were conducted using R, version 2.4.1.

DNA exome sequencing

The exome sequencing was also performed by MacroGen (Seoul, South Korea). DNAs extracted from leukocytes were used for whole-exome next-generation sequencing. The method for DNA preparation is illustrated in the [Supplementary material](#). The qPCR Quantification Protocol Guide was used for quantifying the final purified product, and the exome sequencing was performed using the HiSeq™ 2500 platform (Illumina, San Diego, CA, USA).

Damaged-gene score calculation methods

The damaged-gene score represents the overall impact of a nonsynonymous mutation in a gene, with lower scores indicating more damage in the molecular function of the gene. The damaged-gene score was calculated using the sorting intolerant from tolerant (SIFT) algorithm.²² A filtering strategy based on rare (minor allele frequencies in 1,000 genome <0.01) and damaged (SIFT threshold <0.05) variants identified 6,464 genes, and the damaged-gene score was individually computed using the geometric mean of the SIFT score for nonsynonymous variants of the genes. The 1,000 Genome Data is a single-variation catalogue with allele frequencies in 2,504 healthy individuals, and the data have been used as a basis for filtering rare variants in several studies.²³ The SIFT score, which indicates the degree of damage of the individual variant, has already been shown in many studies to be indicative of the degree of damage to the gene.^{24–26} The method of using the damaged-gene score has been used in a previous study on drug responsiveness to damaged genes.²⁷

Analytic validation

Analytic validation was performed for RNA microarray and DNA exome sequencing by Quantitative TaqMan PCR and SNP Type Assay, respectively.

Quantitative TaqMan PCR

Gene expression profiles were validated by Quantitative TaqMan PCR. Validation was performed by MacroGen (Seoul, South Korea). From the genes showing a significant correlation between expression level and treatment response, we arbitrarily selected 28 ([Table S1](#) for the full names of the selected genes), and endogenous controls

were glyceraldehyde-3-phosphate dehydrogenase and beta-actin (ACTB). The comparative Ct method was performed for relative quantification. Then we performed Pearson's correlation analysis to evaluate the accuracy of the RNA microarray results. The higher the correlation between the RNA microarray and quantitative TaqMAN PCR results, the more reliable the microarray results were considered to be. The medians (ranges) of the Pearson's coefficients were 0.853 (0.792–0.921) and 0.835 (0.638–0.953) for the genes associated with the LABA treatment response and LAMA treatment response, respectively.

SNP type assay

Exome sequencing was validated using SNP Type Assay (Fluidigm, San Francisco, CA, USA). The SNP Type Assay sequencing was performed by a specialized company (DNA Link, Inc., Seoul, South Korea). Mutant alleles detected by whole-exome next-generation sequencing and SNP Type Assay were compared for all genotypes of damaged variants of the four and three genes used in the prediction models for LABA and LAMA treatment, respectively. Genotype was classified as either homozygous or heterozygous in alleles. A total of 33 variants of genes used in the prediction model were found to be completely identical in the two methods.

Statistical analysis

In addition to age, the following 13 clinical traits were chosen for the analysis: body mass index, smoking status (ex-smoker versus current smoker), intensity of smoking (pack-years of cigarettes smoked), CAT score, mMRC dyspnea scale score, pre- and post-bronchodilator FEV₁ (%predicted value), bronchodilator reversibility (BDR) to 200 µg of salbutamol (%predicted value), diffusing capacity (% of predicted value), total lung capacity (TLC, % of predicted value), ratio of inspiratory capacity to TLC, residual volume (RV) (% of predicted value), and RV/TLC. We reduced this number from 13 to 6, using a factor analysis, as shown in [Table S2](#). Body mass index, intensity of cigarette smoking, CAT score, post-bronchodilator FEV₁, BDR, and RV/TLC were chosen.

The association between gene expression level and treatment response (ie, FEV₁ changes after 4 weeks of long-acting bronchodilator treatment) was assessed using Pearson's correlation analysis, identifying the 28 genes with the highest correlation with improvement in FEV₁ values. The 28 genes were further assessed by linear regression models, leaving 7 and 9 genes that showed a statistically significant association with improvement in FEV₁ after the LABA and LAMA

treatment, respectively. Factor analysis was then done to reduce the number of the genes, with three and four genes selected for the prediction model for LABA and LAMA treatment response, respectively ([Figure S1](#)). The damaged-gene scores were also assessed using the same method, ultimately identifying four and three genes for the LABA and LAMA models, respectively ([Figure S2](#)).

Multivariate linear regression analysis was performed to build models to predict changes in FEV₁ after treatment, using the aforementioned six clinical traits, plus age, level of gene expression, and damaged-gene scores. The prediction performance was assessed using the *R*² value.

SPSS, version 21 (IBM Corporation, Armonk, NY, USA), was used for statistical analysis.

Results

Baseline clinical traits

Of the 79 patients screened, 65 were included in the final analysis ([Figure 2](#)). There was only one female patient, and we decided not to include the female patient because of the possibility of confounding. The baseline clinical traits are shown in [Table 1](#). The mean age was 67.4 years. Ex-smokers accounted for 69.2% of the patients, whereas the rest were current smokers. The mean number of pack-years was 41.9. More than three-quarters of participants reported grade 1 dyspnea. The mean CAT score was 9.9, and the mean

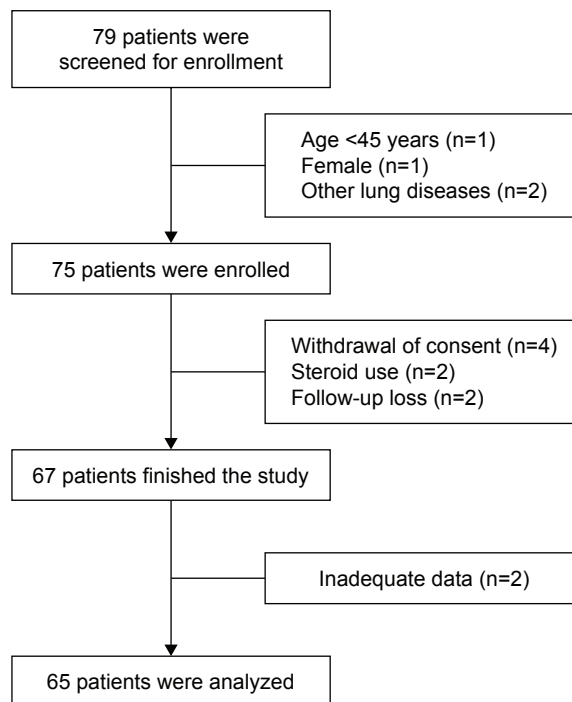


Figure 2 Study flow.

Table 1 Baseline clinical characteristics of study patients

Traits	n=65
Age, years, mean \pm SD	67.4 \pm 8.2
Smoking status	
Ex-smoker, n (%)	45 (69.2)
Current smoker, n (%)	20 (30.8)
Cigarette smoking, pack-years, mean \pm SD	41.9 \pm 19.2
mMRC dyspnea grade, n (%)	
0	2 (3.1)
1	51 (78.4)
2	10 (15.4)
3	2 (3.1)
COPD assessment test, total score, mean \pm SD	9.9 \pm 6.2
Body mass index, kg/m ² , mean \pm SD	24.2 \pm 2.6
Post-bronchodilator FEV ₁ , %predicted, mean \pm SD	69.8 \pm 9.6
Bronchodilator reversibility, ^a %predicted value, mean \pm SD	4.5 \pm 4.6
Diffusing capacity, %predicted, mean \pm SD	73.6 \pm 16.1
Total lung capacity, %predicted value, mean \pm SD	93.6 \pm 14.2
RV/TLC, %, mean \pm SD	35.1 \pm 10.1

Note: ^aBronchodilator reversibility is defined by an FEV₁ change after inhalation of 200 μ g salbutamol (%predicted).

Abbreviations: COPD, chronic obstructive pulmonary disease; FEV₁, forced expiratory volume in 1 second; mMRC, modified Medical Research Council; RV, residual volume; TLC, total lung capacity.

post-bronchodilator FEV₁ was 69.8% of the predicted value. Thirty-three patients were randomized to receive the LAMA first, and the rest (32 patients) were given the LABA first.

Response to and compliance with bronchodilator treatment

Of all of the study patients, 34 showed a significant response (FEV₁ increase >100 mL) to the LABA and 33 patients to the LAMA. The mean \pm SD change in FEV₁ after LABA and LAMA treatment was 118 \pm 186 and 112 \pm 192 mL, respectively. About one-quarter of patients (17/65) showed a significant treatment response to both types of bronchodilators. Conversely, 15 patients had no response to either type.

All 34 LABA responders had good compliance; of the nonresponders, 3 patients (9.7%) were categorized as poor compliance, while the remaining 28 patients (90.3%) had

good compliance. Of the 33 LAMA responders, 3 patients (9.1%) had poor compliance, while the remaining 30 patients (90.9%) had good compliance; all 32 nonresponders had good compliance.

Prediction models for long-acting bronchodilator treatment response using clinical traits

The clinical traits were used in the linear regression to build prediction models for the treatment response to the bronchodilators. Among the six models built for each bronchodilator, we chose one that consisted of variables with p -value <0.05. The model of post-bronchodilator FEV₁ and BDR could predict FEV₁ response after the LABA treatment with statistical significance ($R^2=0.231$, $p<0.001$) (Table 2). Likewise, CAT score and BDR could predict FEV₁ response after the LAMA treatment ($R^2=0.121$, $p=0.021$) (Table 3).

Prediction models for long-acting bronchodilator treatment response using gene expression and damaged-gene scores

Three gene expressions were identified as having significant correlation with FEV₁ changes after LABA treatment: *CLN8*, *PCSK5*, and *SKP2*. For LAMA treatment, four (*C1orf115*, *PRKX*, *KIAA1618*, and *RHOQ*) were found to be associated with significant changes in FEV₁ values. [Figure S3A](#) and [B](#) shows the microarray results. The linear regression model built for the prediction of FEV₁ changes following treatment, using the gene expressions, is shown in Table 4. The R^2 of the models for LABA and LAMA treatment were 0.158 and 0.404, respectively.

The analysis of damaged-gene scores yielded four and three genes, respectively, for the LABA and LAMA models. *EPG5*, *FNBP4*, *SCN10A*, and *SPTBN5* were found to be associated with prediction of LABA response, whereas *FBN3*, *FDFT1*, and *ZBED6* were found to predict LAMA

Table 2 Linear regression models for predicting FEV₁ changes after LABA, using clinical traits

Models	Variables	R ²
1	Age BMI Intensity of smoking CAT score Post-BD FEV ₁ BDR ^a RV/TLC	0.281
2	Age Intensity of smoking CAT score Post-BD FEV ₁ BDR RV/TLC	0.281
3	Age CAT score Post-BD FEV ₁ BDR RV/TLC	0.279
4	Age CAT score Post-BD FEV ₁ BDR	0.268
5	CAT score Post-BD FEV ₁ BDR	0.261
6	Post-BD FEV ₁ BDR	0.231

Note: ^aBDR is defined by an FEV₁ change after inhalation of 200 μ g salbutamol (%predicted).

Abbreviations: BD, bronchodilator; BDR, bronchodilator reversibility; BMI, body mass index; CAT, chronic obstructive pulmonary disease assessment test; FEV₁, forced expiratory volume in 1 second; LABA, long-acting β -2 agonist; RV, residual volume; TLC, total lung capacity.

Table 3 Linear regression models for predicting FEV₁ changes after LAMA, using clinical traits

Models	Variables							R ²
1	Age	BMI	Intensity of smoking	CAT score	Post-BD FEV ₁	BDR ^a	RV/TLC	0.205
2		BMI	Intensity of smoking	CAT score	Post-BD FEV ₁	BDR	RV/TLC	0.202
3		BMI	Intensity of smoking	CAT score	Post-BD FEV ₁	BDR		0.200
4		BMI		CAT score	Post-BD FEV ₁	BDR		0.178
5		BMI		CAT score		BDR		0.158
6				CAT score		BDR		0.121

Note: ^aBDR is defined by an FEV₁ change after inhalation of 200 µg salbutamol (%predicted).

Abbreviations: BD, bronchodilator; BDR, bronchodilator reversibility; BMI, body mass index; CAT score, chronic obstructive pulmonary disease assessment test score; FEV₁, forced expiratory volume in 1 second; LAMA, long-acting muscarinic antagonist; RV, residual volume; TLC, total lung capacity.

treatment response (Figure S4A and B). They were used in the prediction models, as shown in Table 5 ($R^2=0.318$ and 0.199 for the LABA and LAMA treatment, respectively).

Prediction models for long-acting bronchodilator treatment response using gene expressions and damaged-gene scores in addition to clinical traits

The clinical traits, gene expressions, and damaged-gene scores were included together to build the final prediction models for treatment response (Table 6). When the clinical traits, gene expressions, and damaged-gene scores were combined together in the prediction model, the predictability was highest ($R^2=0.512$ for LABA and 0.575 for LAMA treatment; both p -values <0.001).

Discussion

In this multicenter, prospective study, we built prediction models for treatment response to long-acting bronchodilators using the pretreatment traits of the patients, before the treatment was initiated. In total, two clinical traits and seven genes were found to be correlated with the FEV₁ changes and were included in the model. The clinical traits alone were not enough to predict the treatment response; however, when gene expressions and damaged-gene scores were added, the predictability increased.

Table 4 Linear regression models for predicting FEV₁ changes after LABA and LAMA, using gene expressions

LABA ($R^2=0.158$, $p=0.018$)			LAMA ($R^2=0.404$, $p<0.001$)		
Regression coefficient	p -value		Regression coefficient	p -value	
CLN8	-176.7	0.136	Clorf115	235.9	0.006
PCSK5	-247.4	0.045	KIAA1618	143.1	0.047
SKP2	188.6	0.176	PRKX	-320.3	0.014
			RHOQ	256.8	0.000

Abbreviations: FEV₁, forced expiratory volume in 1 second; LABA, long-acting β -2 agonist; LAMA, long-acting muscarinic antagonist.

In this study, the efficacy of the treatment, defined as FEV₁ changes after bronchodilator treatment, was similar to the results of previous studies.^{28,29} However, individual treatment response varied. About a quarter of the patients had a response to both bronchodilators, whereas the rest responded only to one or the other, or to none. Heterogeneity in the phenotypes of COPD patients is thought to be one of the reasons for the varied responsiveness to bronchodilator treatment,¹³ and genetic variations in the β -2 adrenergic receptors³⁰ and muscarinic receptors may play a role.¹⁷ No conclusive measure exists to predict who will respond to one class or the other.

Bronchodilator reversibility was included in both of the final prediction models for the two types of treatment (Tables 2 and 3). It is reasonable to assume that LABA treatment response is partially predicted by BDR, a response to the short-acting β -2 agonist that acts on the same beta receptors to dilate the airways. Although anticholinergics act on different receptors (muscarinic receptors), BDR was also associated with the FEV₁ changes in response to the muscarinic antagonist treatment (Table 3). Previous reports showed signal interactions between muscarinic and adrenergic receptors, which might explain this.³¹⁻³³ Despite this theoretical background and the correlation shown in our study, however, bronchodilator reversibility was not enough to predict the treatment responses to long-acting bronchodilators.

Table 5 Linear regression models for predicting FEV₁ changes after LABA and LAMA, using damaged-gene scores

LABA ($R^2=0.318$, $p<0.001$)			LAMA ($R^2=0.199$, $p=0.007$)		
Regression coefficient	p -value		Regression coefficient	p -value	
EPG5	126.9	0.059	FBN3	-165.4	0.020
FNBP4	-135.7	0.051	FDFT1	122.0	0.123
SCN10A	-106.0	0.034	ZBED6	254.7	0.057
SPTBN5	-170.7	0.014			

Abbreviations: FEV₁, forced expiratory volume in 1 second; LABA, long-acting β -2 agonist; LAMA, long-acting muscarinic antagonist.

Table 6 Linear regression models for predicting FEV₁ changes after LABA and LAMA, using clinical traits, gene expressions, and damaged-gene scores

	LABA ($R^2=0.512$, $p<0.001$)			LAMA ($R^2=0.575$, $p<0.001$)	
	Regression coefficient	p-value		Regression coefficient	p-value
Post-BD FEV ₁	-4.9	0.031	CAT score	-2.3	0.602
BDR	9.4	0.058	BDR	6.8	0.224
CLN8	68.9	0.275	Clorf115	268.7	0.004
PCSK5	-104.6	0.136	KIAA1618	34.9	0.675
SKP2	-115.2	0.018	PRKX	-159.9	0.233
EPG5	-191.8	0.007	RHOQ	272.0	0.000
FNBP4	-97.3	0.352	FBN3	-162.0	0.016
SCN10A	-150.3	0.179	FDFT1	92.1	0.235
SPTBN5	145.5	0.256	ZBED6	274.5	0.014

Abbreviations: BD, bronchodilator; BDR, bronchodilator reversibility; CAT, chronic obstructive pulmonary disease assessment test; FEV₁, forced expiratory volume in 1 second; LABA, long-acting β -2 agonist; LAMA, long-acting muscarinic antagonist.

Of note, CAT score was statistically significant in predicting the treatment response to a muscarinic antagonist in the multivariate analysis (Table 3). The mechanism of the relationship is unknown, because no previous studies have evaluated the relationship between CAT score and the treatment response to anticholinergic agents. One plausible explanation is that one of the items included in the CAT evaluates the amount of phlegm, which is possibly an important indicator of increased cholinergic tone.³⁴ With respect to the symptoms, we further analyzed the relationship between long-acting bronchodilator treatment responses and the changes in the patients' symptoms, such as cough, dyspnea, sputum, and CAT score. A significant association was found between improvement in FEV₁ following the LAMA treatment and symptom improvement (ie, CAT score change); FEV₁ change after LABA treatment did not show a significant association with symptom changes (Table S3). This finding hints at an association between CAT score and LAMA treatment response, although the specific mechanisms are yet to be determined.

Our study employed a novel approach by using gene analysis and clinical traits together to build a prediction model for long-acting bronchodilator treatment response. We used peripheral blood to investigate genetic traits. Sampling lung tissue is invasive and peripheral blood has been utilized as a noninvasive alternative.³⁵⁻³⁸ The rationale for the use of peripheral blood is that COPD is a systemic disease.³⁹ Moreover, some overlapping gene expressions were found between blood and lung tissue³⁵ or alveolar macrophage³⁶

in previous studies. Thus, we hypothesized that gene expressions and changes in the DNA sequencing identified from peripheral blood may reflect those of the lung. The genes found to be highly correlated with FEV₁ changes following treatment with bronchodilators in our study were rather unexpected. Although β -2-adrenergic receptor gene (*ADRB2*), for example, has been identified with genetic variations^{18,40,41} and suggested to be one of the markers that partially explain variable responses to a short-acting beta agonist,³⁰ its role as the sole genetic determinant of a response to bronchodilators is not conclusive.^{42,43} Also, the genetic effects on long-acting bronchodilator treatment responses have not been determined.⁴⁴ It is difficult to explain the association between the treatment response and the genes found in this study, because the biologic functions of some genes have not been confirmed. In addition, this result might have been derived by chance following the tests in which numerous genes were analyzed at once. Even though the true influence of these genes is unclear, there may be some plausible explanations. For example, *SCN10A* is known to encode proteins associated with voltage-gated sodium channels that are required in excitable cells including muscles.⁴⁵ Because bronchial smooth muscles constrict and relax in response to voltage changes, we may assume that a damage in this gene can have a reduced bronchodilator response. *RHOQ* may have a role in trafficking of CFTR, which is found in epithelial cells⁴⁶ and thought to be associated with thickness of mucus and airway clearance. Thus, expression of *RHOQ* may be related with airway clearance, explaining the association with the treatment response to a LAMA.

Clinical traits such as CAT scores and spirometry results are easy to obtain and are noninvasive. However, clinical traits were not enough to predict the treatment responses to long-acting bronchodilators ($R^2=0.231$ and 0.121 , for the LABA and LAMA model, respectively). When only genetic data were used to build the prediction model, the predictability slightly increased. In the final model we built, using the two clinical traits, gene expressions, and damaged-gene scores together, the predictability was highest, at $R^2=0.512$ and 0.575 for the LABA and LAMA model, respectively. Given the recent advances in COPD genetics and the ongoing active research, our method of considering genetic data in addition to clinical traits may be a guide for further studies.

There are some limitations to our study. First, the results might have been influenced by the small number of included patients. However, some variables were demonstrated to be statistically significant, with a reasonable explanation,

such as BDR. Second, as mentioned before, it is difficult to explain how the genes found in this study function as predictors of the treatment response. Nevertheless, the genes were found through the use of rigorous methods; professionals performed the RNA microarray and exome sequencing. Also, analytic validation was done to ensure the accuracy of the results. The specific roles of the genes remain a subject for further research. Third, the model did not undergo clinical validation, and further studies with larger numbers of patients are needed.

In spite of the limitations, our study has value in that it is the first study that included the genetic traits and the clinical traits of the patients in building a prediction model for long-acting bronchodilator treatment responses. In addition, the gene analyses were performed by professionals with reliable accuracy, and the data underwent analytic validation. Although how the genes identified in this study are involved in COPD treatment responsiveness remains unknown, the prediction model may provide a guide for future research to incorporate genetic data and clinical traits in predicting the treatment response to long-acting bronchodilators.

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Disclosure

The authors report no conflicts of interest in this work.

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